

# **Student Services Community Resource Guide**



# Guidance Counselors

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\*This resource guide is meant to be a source for parents and students. This is not an all inclusive list. These are contacts that VHS counselors have found helpful in our community. If you have any questions or would like further information please do not hesitate to contact your student's counselor listed above.

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## **ABUSE AND NEGLECT**

- **Kalamazoo County Child Protective Services**  
*Use for immediate assistance in reporting abuse or neglect*  
(269)337-5046 or call Public Safety at 911  
[www.michigan.gov/dhs](http://www.michigan.gov/dhs)
- **Gryphon Place**  
*24-hour crisis intervention and information & referral help line for parents and caregivers who need someone to talk with when they are feeling overwhelmed with the many demands of parenting. Youth and others concerned about the welfare of a child may call this line and be connected to the Child Protective Services office for the county in which the abuse, neglect or exploitation occurs or may be occurring. Hospitals, police and other agencies also use this line to locate the CPS office for the appropriate county in the State of Michigan.*  
Hotline: 211  
[www.gryphon.org](http://www.gryphon.org)
- **Child and Family Psychological Services: Counseling**  
*Provides support groups for sexually abused kids. Counseling services are also offered on issues such as angry kids and teens, attention deficit hyperactivity disorder, anxiety, depression, suicide, marriage and relationships, schizophrenia, job stress, bipolar disorder, kids with special needs, gay and lesbian issues, grief, obsessive compulsive disorder, post traumatic stress disorder, and stress.*  
(269)372-4140  
[www.childandfamilypsych.com](http://www.childandfamilypsych.com)
- **Elizabeth Upjohn Community Healing Center: Children's Advocacy Center of Kalamazoo**  
*Provides assessment and treatment programs for sexually abused children and non-offending family members.*  
(269)343-1651  
[www.communithealingcenter.org](http://www.communithealingcenter.org)
- **YWCA of Kalamazoo: Domestic and Sexual Assault Programs**  
*Provides counseling, a crisis line, support groups, resource referral, advocacy, and shelter for victims of domestic and sexual assault and their families.*  
Domestic: (269)3587  
Sexual: (269)345-9412  
[www.ywcakalamazoo.org](http://www.ywcakalamazoo.org)

## **COUNSELING SERVICES**

- **Desert Streams**

2019 Rambling Road  
Kalamazoo, MI 49008  
(269)345-0909

<http://www.desertstreams.org/>

*Counselors are available for different specialty areas:*

- Bob Gerl-specializes in male teen issues
- Kathy Fawley-Huss-specializes in female teen issues
- Chris Augustine-specializes in male teen issues

- **Pine Rest**

1530 Nichols Road  
Kalamazoo, MI 49008  
(269)343-6700

<http://www.pinerest.org/home>

*Counselors are available for different specialty areas:*

- Jamie Simpson-child/adolescent therapist
- Shelley Tindall-adolescent social worker

- **Child and Family Psychological Services**

**Portage Office**

1662 E. Centre Avenue  
Portage, MI 49002  
(269)321-8564

<http://www.childandfamilypsych.com/>

- Dr. Tim Howard

**Kalamazoo Office**

5380 Holiday Terrace  
Kalamazoo, MI 49009  
(269)372-4140

<http://www.childandfamilypsych.com/contact.html>

- Dr. Larry Beer

- **Kelly and Associates**

3125 West Main  
Kalamazoo, MI 49006  
(269)488-5905

➤ Dr. Scott Kelly-Psychologist

- **Bridges Mental Health Counseling**

1441 S. Westnedge  
Kalamazoo, MI 49002  
(269)381-1234

[www.cfsbridges.org](http://www.cfsbridges.org)

*Sliding scale fee for low income families*

- **Western Michigan University Counseling Services**

3341 Sangren Hall  
Kalamazoo, MI 49008  
(269)387-5105

*Sliding scale fee for low income families- \$10.00-\$30.00 per session*

## **FOOD AND CLOTHING**

- **South County Community Services**

*This nonprofit organization focuses on people and their well-being in the surrounding townships. Serving nine local townships and villages in South Kalamazoo County, we provide a place for locals to receive emergency assistance. If qualified, they can obtain necessary items such as food, shampoo, laundry vouchers, and sometimes even cash assistance.*

101 South Main Street

Vicksburg, MI 49097

(269)649-2901

<http://www.southcountycs.us/>

- **Generous Hands Inc.**

*The mission of Generous Hands, INC. is to benefit hungry children by addressing their physical, emotional, nutritional and educational well-being. Contact your guidance counselor for more information.*

(269) 370-7965

<http://www.generoushands.org/>

- **Kids Connection**

*The goal of Kids Connection is to provide quality life skills and educational programs for youth to be successful in life. Programs include: Kids Closet, Study Buddies, Let's Eat, and Community in Action.*

(269)649-3911

<http://www.kidsconnections.org/>

## **HOUSING AND HOMELESS**

- **The Ark Shelter (serving youth 10-17 years old)**

*A safe, temporary place for youth who have run away from home, are homeless, have been kicked out of their home or are experiencing a crisis situation in their lives. The Shelter is open 24 hours a day, seven days a week and youth may stay up to 21 days. The Ark will help with problem solving, case management, counseling, help reunite families, and will make referrals and connections to other agencies in the community as needed.*

990 W. Kilgore Rd.

Kalamazoo, MI 49008

(269)343-8765 or 1-800-873-8336

[www.arkforyouth.org](http://www.arkforyouth.org)

- **The Ark Transitional Living Program (serving youth 16-21 years old)**

*A housing and rental assistance program for homeless or at risk youth. Services they provide are crisis intervention, counseling, problem-solving, case management and connections to community resources. They will help youth with educational support, employment and life skills training, personal hygiene supplies and assistance with household items and clothing.*

1819 Gull Road

Kalamazoo, MI 49048

(269)381-9800 or 1-800-873-8336

[www.arkforyouth.org](http://www.arkforyouth.org)

- **South County Community Services**

*This nonprofit organization focuses on people and their well-being in the surrounding townships. Serving nine local townships and villages in South Kalamazoo County, we provide a place for locals to receive emergency assistance. If qualified, they can obtain necessary items such as food, shampoo, laundry vouchers, and sometimes even cash assistance.*

101 South Main Street

Vicksburg, MI 49097

(269)649-2901

<http://www.southcountycs.us>

- **Kalamazoo County Department of Human Services**

*DHS is Michigan's public assistance, child and family welfare agency. Services include protecting children and vulnerable adults, delivering juvenile justice services, and providing support to strengthen families and individuals striving for independence. Eligibility varies per program.*

(269)337-4900

[www.michigan.gov/dhs](http://www.michigan.gov/dhs)

- **Please contact your school counselor to connect with the district homeless liaison if you or someone you know is:**

- **Living in a shelter**
- **Living in transitional housing**
- **Are awaiting foster care placement or placed in temporary foster care**
- **Live doubled up due to economic hardship**
- **Live in a motel/hotel**
- **Are unsheltered in a car, tent, abandoned building, etc.**

**There may be McKinney-Vento Services available for you or someone you know.**

## **LOCAL PUBLIC SAFETY CONTACTS**

- **Vicksburg Police Department**  
126 N. Kalamazoo Street  
Vicksburg, MI 49097  
(269)649-1144
- **Bronson Vicksburg Hospital**  
13326 N Boulevard St  
Vicksburg, MI 49097  
(269)649-2321
- **Vicksburg Fire Department**  
125 S. Main Street  
Vicksburg, MI 49097  
(269)649-2530

## **MENTAL HEALTH AND SUBSTANCE ABUSE**

- **Family and Children Services-Mobile Crisis Response (MCR)**

*A team of professionals trained specifically to work with youth and their families. Clinicians are skilled in crisis intervention, clinical assessment addressing serious mental health issues, developing crisis safety plans to address risks and behaviors associated with mental health and substance use issues, and coordinating short-term crisis placements for youth. The MCR team has up-to-date access on community resources and critical youth issues. The MCR team will respond to where the crisis has occurred and support families with their next steps.*

1608 Lake Street  
Kalamazoo, MI 49001

**IN A CRISIS SITUATION CALL:**

**373-6000 OR TOLL FREE 1-888-373-6200**

[www.fcsource.org](http://www.fcsource.org)

- **Borgess Health-Delano Clinic**

*A comprehensive mental health facility with services designed to fit the needs of all age groups-from children and adolescents to adults and seniors.*

7895 Currier Dr.  
Portage, MI 49002

(269)321-7090

<http://www.borgess.com/default.aspx?pId=96#.UbilgkopmE8>

- **Jim Gilmore Jr. Community Healing Center**

*The only medically monitored detoxification and residential treatment center in Southwest Michigan.*

1910 Shaffer St.  
Kalamazoo, MI 49048

(269)382-9820

[www.communityhealingcenter.org](http://www.communityhealingcenter.org)

- **Pine Rest Retreat Center**

*A residential addiction treatment facility*

300 68<sup>th</sup> Street SE  
Grand Rapids, MI 49548

(616)258-7467

[www.pinerest.org](http://www.pinerest.org)

## **PREGNANCY**

- **MiChild**

*Department of Community Health offers the MiChild health care program for low-income, uninsured children (under age 19) of Michigan's working families. Families pay a monthly premium for MiChild insurance, regardless of the number of children insured.*

1-888-988-6300.

[www.michigan.gov/michild](http://www.michigan.gov/michild)

- **Women, Infant, Children (WIC)**

*The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) is a federally-funded program that serves low and moderate income pregnant, breastfeeding, and postpartum women, infants, and children up to age 5.*

1-800-262-4784

[www.michigan.gov/dhs](http://www.michigan.gov/dhs)

- **Caring Network**

*The Caring Network is an agency that will give help in life affirming decisions about what is best for you and your baby. Services include counseling, child birth preparation, parenting classes, support groups, skill building workshops, maternity and baby needs, adoption and post adoption services, volunteer friendships, and potential transitional housing.*

1819 Gull Road

Kalamazoo, MI 49048

(269)381-1234

[www.catholicfamilyservices.org](http://www.catholicfamilyservices.org)

## **PUBLIC ASSISTANCE**

- **Kalamazoo County Department of Human Services**

*DHS is Michigan's public assistance, child and family welfare agency. Services include protecting children and vulnerable adults, delivering juvenile justice services, and providing support to strengthen families and individuals striving for independence. Eligibility varies per program.*

(269)337-4900

[www.michigan.gov/dhs](http://www.michigan.gov/dhs)

- **Medicaid**

*Medicaid is a federally-funded, state-run program that provides medical assistance for individuals and families with limited incomes and resources. It pays for your health care costs, including doctor's visits and eye care.*

(269)337-4900

<http://www.michigan.gov/dhs>

- **MIChild**

*Department of Community Health offers the MICHild health care program for low-income, uninsured children (under age 19) of Michigan's working families. Families pay a monthly premium for MICHild insurance, regardless of the number of children insured.*

1-888-988-6300.

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- **Women, Infant, Children (WIC)**

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1-800-262-4784

[www.michigan.gov/dhs](http://www.michigan.gov/dhs)

## **SELF HELP AND SUPPORT GROUPS**

- **Al-Anon Family Groups**

*Alateen is part of Al-Anon Family Groups. Alateen is a fellowship of young Al-Anon members, usually teenagers, whose lives have been affected by someone else's drinking. Alateen groups are sponsored by Al-Anon members who help the group to stay on track.*

933 South Burdick St.

Kalamazoo, MI 49001

(269)343-4328

<http://www.al-anon.alateen.org/home>

- **Hospice care of Southwest Michigan-Journeys**

*Young people, hurting after the death of a loved one, experience grief in many ways. Journeys can help by providing a safe place, useful information, and trained counselors to help families begin to heal.*

2255 W. Centre Ave.

Portage, MI 49024

(269)345-0273

[www.hospiceswmi.org](http://www.hospiceswmi.org)

## **TUTORING AND TEST PREPARATION**

- A recommendation by both counselors is to always contact the student's teacher first. You can use the website to access their contact information or contact your respective counselor.  
[www.vicksburgcommunityschools.org](http://www.vicksburgcommunityschools.org)
- The math lab is also located at the high school in room 111. If you need any information on the math lab please contact your respective counselor.
- National Honor Society student tutors-contact your respective counselor for name and information of NHS Advisor.
- **Sylvan Learning Center**  
*Sylvan Learning Center is the leading provider of in-center and live, online tutoring to students of all ages and skill levels.*  
1350 West Centre Ave.  
Suite 120  
Portage, MI 49024  
[slcportage@sbcglobal.net](mailto:slcportage@sbcglobal.net)
- **Kaplan Test Preparation**  
*Kaplan can assist in test preparation for the ACT. Please refer to the website below for more information.*  
1-800-KAP-TEST  
<http://www.kaptest.com>
- **Sycamore Learning Company**  
*These specially designed 5-hour seminars offer students the opportunity to familiarize themselves with the upcoming ACT and SAT and develop a personalized game plan to maximize their scores. Course is offered in early February; please contact your guidance counselor for further information.*  
<http://www.prepforthefuture.com>