










# August / September 2025

Sarah Dyer, School Nutrition Director (Telephone: 321-1033)



## Daily Meal Choices:

Monday	Tuesday	Wednesday	Thursday	Friday
<b>AUG 25</b>  <b>Popcorn Chicken</b> Green Beans Strawberry Shortcake	<b>AUG 26</b>  <b>Crispito</b> Chips w/ Black Bean Salsa Watermelon  	<b>AUG 27</b>  <b>Hot Dog</b> Cheesy Broccoli Fruit Icee  	<b>AUG 28</b>  <b>French Toast Sticks</b> Sausage Links Hash Brown Strawberry Cup	<b>AUG 29</b>  <div style="border: 1px solid black; padding: 5px; text-align: center;"> <b>No School</b>  Enjoy The  Holiday Weekend! </div> 
<b>Sept 1</b>  <div style="text-align: center;"> <b>No School</b>   </div>	<b>2</b>  <b>Nachos</b> (Chips, Beef, Lettuce, Cheese & Tomatoes) Refried Beans Peach Cup	<b>3</b>  <b>Rotini Pasta w/  Meat Sauce</b> Garlic Toast Garden Greens Mixed Berry Cup	<b>4</b>  <b>Dutch Waffle</b> String Cheese PB Crunchers Banana  	<b>5</b>  <b>Grilled Cheese</b> Smiley Potatoes Applesauce
<b>8</b>  <b>Chicken Nuggets</b> Tater Tots Peach Cup	<b>9</b>  <b>Walking Taco</b> (Chips, Beef, Cheese, Lettuce & Tomatoes) Black Bean Salsa Applesauce	<b>10</b>  <b>Macaroni &amp;  Cheese</b> Garden Greens Grapes	<b>11</b>  <b>Mini Pancakes</b> Yogurt Cucumbers Banana  	<b>12</b>  <b>Hamburger/  Cheeseburger</b> Fresh Veggie Cup Cantaloupe  

### BREAKFAST!

Join us in the Cafeteria daily starting at 8:40am.

3 Choices are offered daily and all choices include Fruit & Milk

August/  
September  
Daily Choices

#### MONDAY:

Pancake on a Stick

#### TUESDAY:

Bagel  
w/Cream Cheese

#### WEDNESDAY:

Cereal

#### THURSDAY:

Cinnamon Roll  
Whole Grain Goodness!

#### FRIDAY:

Fruity Smoothie

Single Student  
Breakfast: Free  
Single Student  
Lunch: Free

**Cheese Pizza &  
PB & J Sandwich  
Apples & Carrots  
OFFERED DAILY**

2nd Carton of Milk  
& 8oz. Bottled Water  
\$1.00

Chocolate, 1% and FF  
White Milk OFFERED  
DAILY

This institution is an equal opportunity provider.

This menu is subject to change.



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## Daily Meal Choices:

Monday	Tuesday	Wednesday	Thursday	Friday
<b>15</b> <b>Chicken Tenders</b> French Fries Mixed Fruit Cup	<b>16</b> <b>Taco Tuesday</b> Two Tacos (Beef, Cheese, Lettuce, & Tomatoes) Refried Beans Strawberry Cup	<b>17</b> <b>Mozzarella Sticks</b> w/ Marinara Sauce Green Beans Melon Cup	<b>18</b> <b>Chef Salad</b> (Lettuce, Cheese, Diced Ham, Egg, Tomato & Cucumber) Dried Cranberries Warm Breadstick	<b>19</b> <b>Muffin Funday Lunchable</b> (Muffin, String Cheese, Yogurt, Carrots and Apple)
<b>22</b> <b>Chicken Sandwich</b> Smiley Potatoes Peach Cup	<b>23</b> <b>Taco Pizza</b> Chips w/ Black Bean Salsa Cinnamon Apples	<b>24</b> <b>Grilled Ham &amp; Cheese Sandwich</b> Cheesy Broccoli Watermelon	<b>25</b> <b>Eggoji Waffles</b> String Cheese PB Crunchers Banana	<b>26</b> <b>Soft Pretzel w/ Cheese Dip</b> Fresh Veggie Cup Mixed Fruit Cup

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September Daily Choices

MONDAY:

Pancake on a Stick

TUESDAY:

Bagel w/Cream Cheese

WEDNESDAY:

Cereal

THURSDAY:

Cinnamon Roll Whole Grain Goodness!

FRIDAY:

Fruity Smoothie

### School Lunch is...



Fresh, economical, and Value packed!

Excellent source of vitamins A and C!

Focused on low fats and rich in whole grains!



Meets 1/3 of daily requirements of Fruits and Vegetables



View student accounts at [www.vicksburg.familyportal.cloud](http://www.vicksburg.familyportal.cloud)

Single Student Breakfast : Free  
Single Student Lunch: Free

Cheese Pizza & PB & J Sandwich, Apples & Carrots OFFERED DAILY

2nd Carton of Milk & 8oz. Bottled Water \$1.00

Chocolate, 1% and FF White Milk OFFERED DAILY